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English for Teachers

Reflective Journal

This Reflective Journal is a useful means for your **professional development**. Please take a moment to reflect personally on the programme and write a few lines every day on your thoughts.

Possible areas of reflection: my *professional development* today, *cultural understanding*, *participation* in and understanding of *debates, talks, visits to schools, sharing of expertise* and building of *future partnerships* (Dissemination Strategies), *European Dimension*, etc.

If you decide to use an online platform for your journal, please paste the link here:

Date Monday 3rd July 2023

The first day of the course I was very curious to know what I was going to do. I was amazed when I saw that there were people from 14 countries of Europe. I got excited listening to songs from all countries, especially when the Ukrainian girl sang. I really felt the European dimension. In the afternoon I met my teacher Aisling, she was very friendly. I liked so much the activity in the afternoon because we went around the city to discovering Dublin and to make picture of attractions. My group is very funny and creative.

Date Tuesday 4th July 2023

In this day we talked about what is Ireland famous for and we discovered some interesting stories and information about Irish culture and traditions. I really enjoyed the Irish slang activity because I learn new words. I loved the methodology of dialogue in pairs to practice the language. I liked so much also working in groups because it is funnier and easier to learn.

Date Wednesday 5th July 2023

On Wednesday, we talked about the topic "Food and drink", we discovered the typical Irish food and drink and the various types of cooking. I enjoyed play with my group to guess the name of food and to simulate dialogues at the pub with the Barman. The members of my group are very nice and funny. In the afternoon we went to the Pub to try in practice what we have learned about drinks and pubs.

I like this method very much, because we can put into practice what we have just learned. I talked to my Polish friends about many topics, and I improve my English skills.

Date Thursday 6th July 2023

Today we did a nice group activity. We did a traditional Irish recipe.

We found the ingredients to make the Guinness Chocolate Cake.

Teamwork allows us to increase our knowledge without getting bored, so I liked this methodology.

Then we made a game about work and jobs: we had to convince that our job was important to survive in a desert island.

This type of activity is interesting to improve the problem-solving skills.

Date Friday 7th July 2023

On Friday we listened to the topic of Ireland's myths and legends. This item was useful to learn Irish traditions and culture.

Then Aisling showed us the topic about National Museum of Archaeology and in the afternoon we went to visit it.

This activity was extremely exciting and vibrant but also tiring.

We had to find answers about several topics of the museum, so we went around the museum looking for the photos and the information we needed.

The teamwork helped us to share, to collaborate and to building the European dimension.

Date Monday 10th July 2023

Our teacher Aisling is so skilful to teach because each morning she asks us what we did the evening before or in the past weekend, so we could improve our speaking.

After we did the vocabulary of topic "International Gallery" and in the afternoon we went to the National Gallery of Ireland to experience in practice what we have learned.

I like so much this methodology because it allows me to fix that we have learned.

In this moment I'm very happy because I'm improving my English speaking.

Date Tuesday 11th July 2023

Today we showed an individual presentation of our favourite picture from the Art Gallery, so we can review the vocabulary we did yesterday.

Then we studied two new topics about "Hobbies and Free time" and "Irish music".

I really like my teacher Aisling because she teaches us new items with fun activities, and we do a lot of dialogues which helps us to improve our English.

Date Wednesday 12th July 2023

In this day we went to Glendalough. Glendalough or the Glen (valley) of two lakes, is one of the most important sites of monastic ruins in Ireland.

The monastery was founded in the 6th century by St. Kevin during Ireland's Golden Age. All the Erasmus group participated in this trip.

We could talk with our Erasmus friends and improve our English skills.

We also could tell our new friends our life stories and share exciting moments with them.

Date Thursday 13th July 2023

On Thursday we did some challenges between our groups.

We played with musical games and with online quizzes such as Kahoot and Baamboozle with questions about topics that we have studied in these two weeks. Our group, the "Bono Group", it was the best!!!!!!

We arrived 1st. Then we worked on the final presentation.

It was a lot difficult and tiring to summarise into 3 slides all the things we have learned and the emotions that we lived in Dublin.

I worked very well with my group.

Date Friday 14th July 2023

Today was the "big day": We presented our work to everyone and we received the Certificate of our English level.

I'm very proud of my group, because we were fantastic.

It was time to say goodbye to my Erasmus friends and my teacher Aisling.

I think that this experience was very exciting and vibrant, I hope to do again an experience like this. I'm very sad to leave Dublin and my new Erasmus friends.

I lived a wonderful experience.

Thank you very much English Matters!!!!!!

A final overview of my experience in this European training programme:

I think that this European training programme was an interesting way to build the European Dimension of education and I hope many others European colleagues will live this wonderful experience.

I also think that this training programme was important to build future partnerships and for dissemination of good practice.

I will try to bring back in my school what I learned and I will do everything to maintain the relationships created during this experience.

I hope to have more experiences like this.

Thank you!!

Well done on completing your Reflective Journal.